

## Tokyo Time! Week 2

Dear Parents/Carers

Konnichi wa! With the Olympic Games beginning today in Tokyo, we dedicated a week to Japanese art, crafts, music and martial arts! Ahead of our Olympic themed week – we held our own Olympic Opening Ceremony. On Monday, the wonderful Liz Walters led a Taiko Drumming workshop with the children.

Russell from WhiteCrane Martial Arts taught us the Japanese martial art of Karate, whilst his partner Shaffi taught how to transform fans into butterflies! We couldn't go a year without their fantastic Lion Dance too to wish us luck!

### New Faces



#### Lila Robirosa | DRAMA LEADER

Lila is a performing arts practitioner with lots of experience working with children. She loves using a play-based approach to drama and is currently working in the classroom, supporting young people with Special Educational Needs/Disabilities. She graduated from the Rose Bruford College of Theatre and Performance with a First-Class Honours degree. We're so excited to welcome her to the team! Lila will be leading drama all summer.

#### Jennifer Bekono | SUPPLY

Jennifer has worked with children for the last 5 years, tutoring privately. She has a huge passion for sharing her knowledge with younger children and will begin her studies in Chemical Engineering at University this Autumn. She is especially looking forward to our Mad Science week! Jennifer is joining us this Summer as supply and will be another familiar face for the children when staff members are absent.



### DO TRY THIS AT HOME | SUSHI MAKING!

#### INGREDIENTS

- 2 large handfuls cooked sticky rice
- 1 sheet Nori (seaweed)  
(you could a tortilla wrap instead)
- Small dish of water
- Selection of thin strips of:
  - Cucumber
  - Avocado
  - Coloured peppers
  - Carrots
  - Green beans
  - Baby sweetcorn
- Soy sauce, wasabi, pickled ginger to serve (optional)

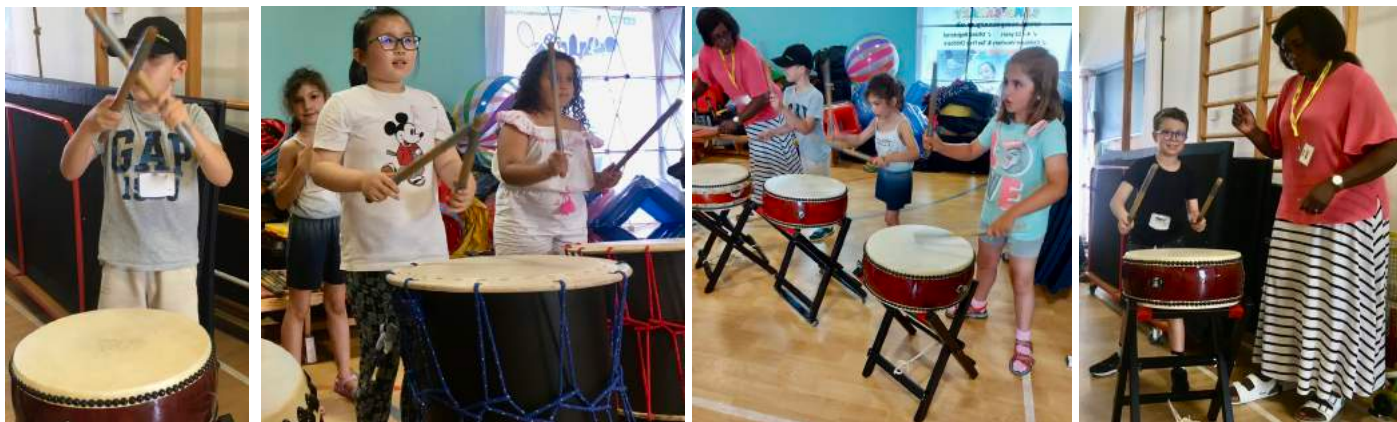


#### METHOD

1. Place the Nori on a sheet of kitchen roll. Dip your fingers in some water and spread the rice over the nori.
2. Lay the slices of vegetables along one side on the rice.
3. Use the kitchen roll to help you roll up the sushi roll. Use a dab of water to seal the seaweed closed.
4. Use a sharp knife and a grownups help to cut the roll of sushi into smaller pieces.



## Taiko Drumming



The children learned real drumming rhythms and techniques from Liz Walters. Liz is from the Tamashii School of Taiko Do, one of the UK's leading organisations teaching and promoting the Art of Japanese Taiko.

## Arts | Crafts



Koi Fish Art

Mount Fuji

The Great Wave

## Drama



This week we have been getting crafty in creating a big cherry blossom proscenium arch for our theatre space, as well as traditional Japanese kabuki masks, both inspired by this week's theme; Tokyo Time! We had lots of fun creating tableaux's (freeze frames), stories, soundscapes and short scenes based around the life and landmarks of Tokyo.

## STEM



Sushi Making



Slime Making



## Active



Outdoor Archery



Mega Slide!



Basketball



Go Karts!



## Play



Face Painting



Our lovely Nazia has been so inspired by face painting at Camp, that she's developed her skills and started her own [Instagram account!](#)



Russell and Shaffi from White Crane Martial Arts led karate and Japanese fan dancing workshops. The children all participated in a grand Olympics opening ceremony, with the help of a special Lion Dance!

*We declare open the Games of Tokyo celebrating the 29th Olympiad of the modern era!*

*Let's all embrace the spirit of the Olympic games and feel inspired to be...*

*FASTER - HIGHER – STRONGER*

## Photos

Don't forget to check out our [Facebook page](#) for more photos of the week! And if you feel like leaving us a review, you can do so on our Facebook page.

## Coming Up...

**Week 3 | Olympics | 26 – 30 July – *Waiting List***

Fun Food Academy & Olympic Sports Day

**Week 4 | Animal Adventures | 2 – 6 August – *2 spaces***

Mobile Zoo & Hand Shadow Show & Workshop

**Week 5 | Ocean Adventures | 9 – 13 August – *4 spaces***

Junk Orchestra & Epic Disco

**Week 6 | Celebrating the NHS | 16 – 20 August – *spaces available***

Mini First Aid & Brickies Lego

**Week 7 | Mad Science | 23 – 27 August – *spaces available***

Kinetic Science Workshop & Epic Disco Party

Thank you for supporting Camp Canary! Next week Fun Food Academy, the professional children's cookery experts will teach the children how to make delicious food, beautifully wrapped to take home and they'll compete in the Camp Canary Olympic Games!

From everyone at Camp Canary, have a lovely weekend!

Best Wishes

*Hannah Forster*

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