

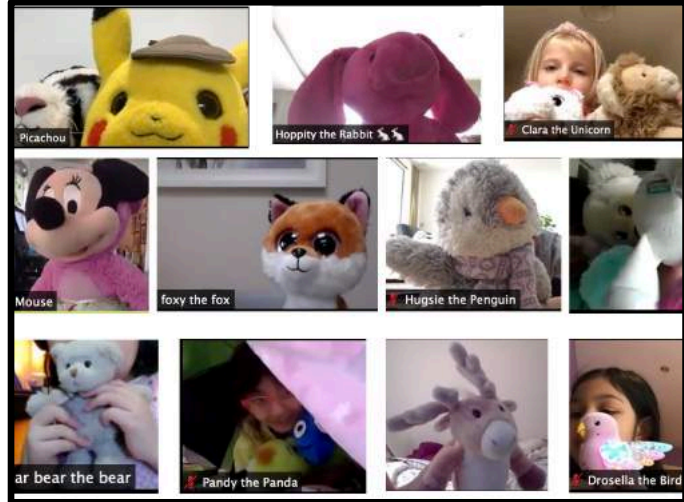


JOIN THE CIRCUS!

Dear Parents/Carers

This week has been action-packed with circus activities. From circus yoga to taking your cuddly toy to the animal fair, we have laughed, danced, painted, blown bubbles and had a great time!

Making bubble beards and hearing the ingenious names the children gave their toy animals were special highlights for me! Don't forget that you can access more activities (including the ones we've done during the week) on our [More Fun Activities Page](#).



Cuddly Animals at the Fair!

Art & Music | CIRCUS CARS & THE ANIMAL FAIR



We carefully drew a lion, using a series of shapes and then painted/coloured the lion. The children added highlights and lowlights to bring their lions to life. Using paper and card, we created a folding cage that could open and close.

Check out the music [video](#) of our Animal Fair song! The children's cuddly toy animals all sang hello to each other. It's great to give the children an opportunity to sing to each other and they loved bringing their toys to life.

Fun Food Academy | COOKIE LOLLIES

Lydi's 'Showtime Cookie Lolli' recipe worked a treat! The children baked giant cookies, circus shaped cookies and decorated them with yummy sprinkles and sweets.

The full recipe is also available on our [More Fun Activities Page](#). Thank you for your wonderful pictures and for preparing the ingredients for the children. Next week, we'll make some Japanese themed food including (vegetarian) sushi rolls!



Teamwork

The children competed in two teams this week, 'The Ring Masters' and 'The Acrobats' earning team points for following the Zoom Code of Conduct and for their efforts in completing their activities. You can access the live scoreboard [here](#). The children have become much more confident in unmuting themselves and talking/sharing/asking questions this week.

Science | CIRCUS SLIME & BALLOON RACERS



Slime can be tricky to make, sometimes it doesn't work out, but you still have a lot of fun making a gloopy mixture! The slime activator is the most important part and adding bicarbonate of soda really helps bring the slime together too!

Check out our [full instructions](#) for slime making, I've added a few recipes including a no-cook playdough one which is lovely to make. If you want to make circus slime, make two batches (one red and one white) then layer them on top of a bowl to make a circus tent of slime!

Hand Shadows | THE CIRCUS BEAR

Drew Colby, the UK's only hand shadow puppeteer, performed his special show 'The Circus Bear.' The bear is trapped by a wicked Ring Master who tames the bear and makes him dance at his circus. Will the bear escape? [You can watch the story again!](#)

The children have loved practicing different hand shadows each week and learned how to make a tent, a ring master, a tightrope walker, an elephant and more in our special Circus session! Next week, Drew will transport us to Japan for a special Japanese hand shadow story.



YOGA | KUNG FU



We might be at home, but it doesn't stop us getting some fun exercise! You can do yoga inside or outside, on your balcony, in your garden or even in the park!

[WhiteCrane Martial Arts](#) taught us blocking, Tai Chi breathing, tiger stance, horse stance and how to punch and kick high! Great exercise and calming too. If we feel tense, we remember our Tai Chi breathing or crane exercises!

Next week, we're travelling to Japan and Russell will teach us a special Karate lesson!

"WHEN YOU GROW UP & HAVE CHILDREN OF YOUR OWN, DO PLEASE REMEMBER SOMETHING IMPORTANT.
A stodgy parent is no fun at all!
WHAT A CHILD WANTS & DESERVES IS A PARENT WHO IS
SPARKY!"
- RONALD DAHL

A BIG THANK YOU TO ALL OUR SPARKY AND WONDERFUL PARENTS!

Thank you so much for joining our sessions and preparing everything for your children!



We loved making paper clown puppets! The children could use any colouring materials to they wanted to and each drew a unique face for their clowns. Try putting on a clown show with your puppet – you could record a video on zoom and play some circus music!

Clowning around was a lot of fun in dance today and the children immersed themselves into the world of the circus, becoming lions, galloping horses, acrobats and tight rope walkers!

Coming Up...

Japan might not be able to host the Olympics this year, but that won't stop us from travelling to Tokyo next week ahead of our online camp Olympics!

Get your drums/thighs/pots and pans ready for a special Taiko drumming workshop with the UK's leading Taiko school on Monday! Make sure you check the [What do I need page?](#) to get everything ready. We will email you the ingredients for cookery at the beginning of the week AND post them to this page too.

	Monday 20 July	Tuesday 21 July	Wednesday 22 July	Thursday 23 July	Friday 24 July
9 AM	ICE BREAKER GAMES				
10 AM	Yoga	Kung Fu	Bento Box Craft Corner	KARAOKE Party!	Kimono Doll Craft Corner
11 AM	The Great Wave Drama & Storytelling	Mount Fuji Art	Music	Mini garden making! Outdoor Adventures	Dancing
4 PM	Taiko Drumming! GUEST!	Professor Fizz! Tsunami Science	FUN FOOD ACADEMY Cookery	Hand Shadows	FUN FOOD ACADEMY Cookery

Check out our [website](#) for the whole summer programme!

I would like to thank you for supporting Online Camp Canary this week. Bringing fun and creativity into the home wouldn't be possible without all your help. Getting the ingredients ready, organising resources for arts/crafts and cleaning up after slime making! You truly have been fantastic, and it's been humbling to see you in the background supporting your children with such love, care and patience. I know these are not easy times for parents working at home, you really are doing a sterling job.

And finally, if you have any questions don't hesitate to let me know. It's important for you and the children to know - if you can't talk to me on Zoom you can always call or email me.

From everyone at Camp Canary, have a lovely weekend!

Best Wishes

Hannah Forster

Find us on

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