



# Tokyo Time!

Dear Parents/Carers

Konnichi wa! We learned so much this week, counting in Japanese, playing traditional Taiko drumming, Karate, sushi making - I'm amazed at how the children have immersed themselves in our theme, sharing their ideas and teaching each other everything they know about Japan.

Using homemade drums the children learned real Taiko drumming rhythms and techniques! Check out the [video](#) to hear the children's performance.



## Art & Music | MOUNT FUJI ART & ATA MAKATA

### Taiko Drumming!



The children learned how to draw and paint/colour these glorious pictures of Mount Fuji. Every child interpreted their picture differently, added various sunsets and colours. Another beautiful project to hang on the wall at home! If you missed it, check out our [More Fun Activities Page](#) for instructions.

Louis the orangutan helped us learn 'Heads, shoulders, knees and toes' in Japanese this week (Ata Makata) and we performed a mysterious story about a Magic Forrest.

## Fun Food Academy | SUSHI

Fun Food Academy taught us how to make sushi this week! We had great feedback from parents who said they continued to make more sushi rolls for dinner long after the session ended! Delicious, healthy and something so different – this went down a treat with the kids!



The full recipe and video is also available on our [More Fun Activities Page](#). Thank you for your wonderful pictures and for preparing ingredients for the children.

## Teamwork

The children competed in two teams this week, 'The Pokémon's' and 'The Sushi Rolls' earning team points for their efforts in completing their activities. You can access the live scoreboard [here](#). Ice breaker games included fun karaoke and scavenger hunts this week. The kids have grown in confidence, chatting away over zoom!

## STEM | FIRE BREATHING DRAGONS



We used paper, tape and straws for a fire breathing dragon building challenge! The children later added a face made from an origami chatterbox. The children could make their dragons as long as they wanted!

Professor Fizz demonstrated fire breathing, using a naked flame and corn flour (DO NOT TRY AT HOME!) and we watched a traditional dragon dance performance.

Rainy Day? Challenge your child to build the tallest tower they can using only paper and tape!

## Hand Shadows | THE PEACH CHILD

Drew Colby, the UK's only hand shadow puppeteer, performed a story all the way from Japan, 'The Peach Child.' A young boy travels to demon island to defeat the demons and help the poor fisherman.

[You can watch the story again!](#)

The children have loved practicing different hand shadows each week and learned how to make a Pagoda and a Sika Deer. Next week, Drew will tell a traditional tale about a race, for our Olympic Games week!



## KARATE



[WhiteCrane Martial Arts](#) taught us the Japanese Martial Art of Karate this week! Differing from their usual Kung Fu style, we used blocking, punching and kicking in a Japanese style. Russell also showed us some of his Japanese artifacts, including a figure of a traditional Kimono wearing lady. Complete with her 'obi' (belt.)

Be sure to check out our [Karate video](#) to see how Karate differs to Kung Fu and remember our Tai Chi breathing or crane exercises! Next week, go for gold in our Olympic Games special!

### Ata Makata

(Heads, shoulders, knees & toes!)

<b>Ata</b> – head	<b>Meto</b> - eyes
<b>Makata</b> – shoulders	<b>Mimito</b> - ears
<b>Hiza</b> – knees	<b>Kuchito</b> - mouth
<b>Ashi</b> – toes	<b>Hana</b> – nose (flower)

**A BIG THANK YOU TO ALL OUR WONDERFUL PARENTS!**

**Thank you so much for joining our sessions and preparing everything for your children!**



I apologise if the children tried to 'prank' you this week with fake sushi! But these fabulous Bento boxes looked so real! Well done kids, some children decided to add a handle and carry their box around with them.

Great to see the children think so creatively, we had chopsticks made from pencils and cut out carrots from orange paper! Good practice for our real sushi making session with Fun Food Academy.

**Coming Up...**

Going to miss the Olympics this year? Never fear! We'll bring the Olympics to you in your own homes! Are you ready to be 'higher, faster, stronger'?

Get ready for an international and sporty flavour next week. We'll begin with Bollywood Dancing. This really is fun for all the family, so parents and siblings – join if you can!

Make sure you check the [What do I need page?](#) to get everything ready. We will email you the ingredients for cookery at the beginning of the week AND post them to this page too.

	Monday 27 July	Tuesday 28 July	Wednesday 29 July	Thursday 30 July	Friday 31 July
	<b>Olympic Games</b>				
	<b>ICE BREAKER GAMES</b>				
9 AM					
10 AM	Yoga	Kung Fu	Race Rowlan Craft Corner	Party! Party!	Olympic Rings Craft Corner
11 AM	Opening Ceremony!	Art	My friend lives in... Music	Obstacle challenge! Outdoor Adventures	Ribbon Dancing
4 PM	Guest! Bollywood Dancing!	Professor Fizz! Fizzy Olympic Rings Olympic Towers! STEM	FUN FOOD ACADEMY Cookery	Hand Shadows	FUN FOOD ACADEMY Cookery

Check out our [website](#) for the whole summer programme!

I would like to thank you for supporting Online Camp Canary this week and acknowledge how your support helps me and the self-employed providers. Things certainly haven't been easy this year, and it means so much to be able to continue our work in delivering creative experiences to kids. From jumping in off a work call to fold paper into a Bento box, to collecting soil and stones for mini garden making – we couldn't do this without you!

And finally, if you have any questions don't hesitate to let me know. It's important for you and the children to know - if you can't talk to me on Zoom you can always call or email me.

From everyone at Camp Canary, have a lovely weekend!

Best Wishes

*Hannah Forster*



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