



# Olympic Games

Dear Parents/Carers

**Citius – Altius – Fortius**  
*Faster – Higher – Stronger*

We took on the Olympic Games Motto this week and gave all the activities our best try! Beginning with an Olympics Opening Ceremony, the children performed traditional Japanese music, represented their home countries in a Parade of Nations and took part in a torch relay! Cuddly toy mascots and crowds cheered! Bollywood Magic taught us some joyful dances.

[Watch us shake our stuff!](#)



## Art & Music | OLYMPIC FIGURES & HELLO AROUND THE WORLD

**Bollywood Dancing!**



Using coloured paper scraps, we carefully created Olympic figures by cutting and matching the shapes and lines of a moving Olympian. Here are our cross-country skiers! The children did exceptionally well at cutting and sticking shapes to make their figure move.

The children taught each other how to say hello in different languages and we put this together in a song 'Hey, Hello, Bonjour, Guten tag.' We also played our instruments in an impromptu solo concert!

## Fun Food Academy | GOLD MEDAL COOKIES

It was a special week of baked treats with Fun Food Academy. We baked amazing gold medal cookies. The children managed to wear these around their necks, tying with ribbon. I'm sure they were eaten with pride, the national anthem blaring in the background whilst standing on top of a podium!

The full recipe is also available on our [More Fun Activities Page](#). Thank you for your wonderful pictures and for preparing ingredients for the children.

### Teamwork

The children competed in two teams this week, Russia and the USA, earning team points for their efforts in completing their activities. You can access the live scoreboard [here](#). The children are getting to know each other and are sharing ideas together. One of our children shared a home-made ice cream making machine, which another decided to make too!



## STEM | OLYMPIC TOWERS!



Building towers is a huge part of every childhood. Professor Fizz held an Olympic tower building competition! The children built the tallest towers they could, even drafting in younger siblings to be part of the towers, adding height! Each tower was celebrated and given a name, such as 'Toy Box Tower.'

This reminded me of my own childhood, my sisters and I would regularly climb on top of each other to create a tall human tower. I dug out this old photograph to show the children, that's me at the top!

## Hand Shadows | THE TORTOISE AND THE HARE

Drew Colby told the perfect fable for our Olympic Games week, the tale of 'The Tortoise and the Hare' teaching the valuable lesson of 'slow and steady wins the race.' We all need to take things at our own pace.

[Watch the story again!](#)

We learned how to create a hand shadow tortoise and Drew told another fable, 'The Two Crabs' so we learned how to make a crab too!

[Here's how](#)



## JUMP JAM



We had an unscheduled change to the programme this week – Lisa lead a fun Jump Jam session, teaching dances from all over the world! Even Percy the bear joined in!

Shakira's 'Africa' was a lot of fun, with all the children really making their 'waka waka' moves!

You can catch the [video of our session here](#). Great job guys and thanks for stepping in Lisa!

**A BIG THANK YOU TO ALL OUR WONDERFUL PARENTS!**

**Bye Bye Bananas  
By Aadya**

*Bye bye bananas  
I know I love you  
But it's time I tried something new!*



**Thank you so much for joining our sessions and preparing everything for your children!**

**Big shout out to Bora who joined our Karaoke challenge this morning. What a great rendition of ACDC!**

An original song composed to deter Louis and Monkey Moo from their banana obsession!



And the winner is...! The children created these fabulous rosettes of all different colours, shapes and sizes. Some of the children gave their parents an award for working so hard at home. Great to see parents being rewarded for their efforts too!

Fantastic job again! Thank you so much parents for managing to get craft materials together so we can do these activities with the kids.

Coming Up...

After today's heat, we're all looking forward to a cooling Ocean Adventure next week! A special guest star from Kinetic Science will take us through a virtual tour of the ocean, teaching the children about ocean life with a Q&A at the end.

Make sure you check the [What do I need page?](#) to get everything ready. We will email you the ingredients for cookery at the beginning of the week AND post them to this page too.

Check out our [website](#) for the whole summer programme!

	Monday 3 August	Tuesday 4 August	Wednesday 5 August	Thursday 6 August	Friday 7 August
9 AM	ICE BREAKER GAMES				
10 AM	Yoga	Kung Fu	Seaside in a bottle Craft Corner	Party!	CD Fish Craft Corner
11 AM	You be you Drama & Storytelling	Multicolour Fish Art	Come with me to the beach! Music	Create an ocean world! Outdoor Activities	Finning Nemo Creative Play
4 PM	Tour of the Ocean!	Professor Flick! Floating Egg Frozen Ocean Science	FUN FOOD ACADEMY Cookery	Hand Shakes	FUN FOOD ACADEMY Cookery

Thank you so very much for supporting Online Camp Canary this week! It is a pleasure entertaining and getting to know your lovely kids. We couldn't do these activities without the support, love and care you provide for your children at home and we know it's not easy when you are working! Thank you for getting all the resources and equipment ready for every activity and jumping in when those little hands need a bit of help.

And finally, if you have any questions don't hesitate to let me know. It's important for you and the children to know - if you can't talk to me on Zoom you can always call or email me.

From everyone at Camp Canary, have a lovely weekend!

Best Wishes

*Hannah Forster*

